



SWI JULY 2023 PROGRAM SCHEDULE

Learn more about and enjoy the natural world of Strathcona Park through our workshops and guided hikes for people of all ages and fitness levels

Saturday July 1st - 9:30AM - 12:00PM - Paradise Meadows - Early Spring Blooms

SWI research student Inza Maki will lead this easy walk around the Paradise Meadows and Centennial Loop trail (3.5km) identifying early spring blooms of the subalpine. **Limit 15.**

Sunday July 2nd - 1:30PM - 4:00PM - Old Growth Logging near Strathcona Park

Jay Van Oostdam will present a series of films on the effects of old growth logging, followed by a walk displaying where such logging is taking place adjacent to Strathcona Park. **Limit 35.**

Saturday July 8th - 10:00AM - 3:00PM - Paradise Meadows - Plant Identification

\$25 registration fee - Naturalists Loys and Alison Maingon will lead this workshop focusing on subalpine plant identification around Paradise Meadows. **Limit 15.**

Sunday July 9th - 10:00AM - 3:00PM - Lake Helen Mackenzie Loop - Guided Hike

CDMC Member and avid hiker Janet Beggs will lead this easy hike around Lake Helen Mackenzie and Battleship Lake (8.5km). Pack a lunch. **Limit 15.**

Saturday July 15th - 9:00AM - Black Swift Workshop

"Uncovering the Mysteries of Birdwatching and the Black Swift", led by ornithologist Eve Kenny, Conservation Area Interpreter with Birds Canada **Limit 35.**

Sunday July 16th - 9:30 - 12:00PM - Paradise Meadows - Medicinal Plants

"Kill or Cure", naturalist Glenn Gustafson will lead this easy walk around the Paradise Meadows and Centennial Loop trail (3.5km) identifying medicinal plants of the subalpine. **Limit 15.**

Saturday July 22nd - 10:00AM - 3:00PM - Lichens of Strathcona Park Workshop

\$50 registration fee (includes a copy of SWI Field Guide to Basic Lichens of SPP) Lichen expert Loys Maingon will lead this workshop on basic field identification of and introduction to the lichens of Strathcona Park. **Limit 15.**

Sunday July 23rd - 9:00AM - 3:00PM - Lady Lake - Guided Hike

Expert botanist Jocie Brooks will lead this easy-to-moderate hike (10k) to Lady Lake, featuring a lovely wetland area. Pack a lunch. **Limit 15.**

Saturday July 29th - 8:30AM - Mt. Allan Brooks - Guided Hike

Avid hiker Dave Weaver will lead this strenuous hike (15km) up Mt. Allan Brooks featuring steep sections and route finding. Pack a lunch. **Limit 15.**

Sunday July 30th - 9:30AM to 12:00PM - Paradise Meadows - Subalpine Trees

Naturalist Fred Newhouse will lead this easy walk around the Paradise Meadows and Centennial Loop trail (3.5km) identifying trees of the subalpine. **Limit 15.**

Unless otherwise indicated, all hikes and presentations start from and take place at Strathcona Park Wilderness Centre, Paradise Meadows.

Sturdy footwear is essential - be prepared for sudden weather changes in the mountains.

Always carry water. No dogs, please.

If you have potentially been exposed to somebody with COVID-19 or are feeling sick yourself, please do not join our workshops/hikes.

Pre-registration is required.

For more information and to pre-register, please email: strathconawilderness@gmail.com

There is no charge (except where specified), but as a volunteer-run non-profit organization, SWI relies on your support through donations.