



# **SWI AUGUST 2026 PROGRAM SCHEDULE**

Learn more about and enjoy the natural world of Strathcona Park through our workshops and guided hikes for people of all ages and fitness levels

**Sunday August 2nd - 9:00AM - 3:00PM - Guided Hike - Mt. Elma**

President of the Island Mountain Ramblers and SWI Director Jes Garceau will lead this moderate hike up Mt. Elma (12km round trip, 350m elevation gain with steep sections up to the ridge/summit), featuring panoramic views of the park. Pack a lunch and plenty of water.

**Saturday August 8th - 8:30AM - 4:30PM - Guided Hike - Cruikshank Canyon**

SWI Summer Student and Environmental Programme Coordinator Mateo Jaeckel will lead this intermediate hike (21km round trip, 270m elevation gain) out to Cruikshank Canyon Lookout, featuring sweeping views of the canyon and surrounding mountains. Pack a lunch and plenty of water.

**Sunday August 9th - 9:30AM - 12:00PM - Interpretive Walk - iNaturalist in Paradise Meadows**

SWI Summer Students and Research Assistants Kiane and Zeke will lead this easy walk around Paradise Meadows (2.4km round trip), demonstrating the uses of iNaturalist for your observations of flora and fauna in the park and how to identify and document the species you see.

**Saturday August 15th - 9:00AM - 4:00PM - Guided Hike - Hairtrigger Lake**

SWI Director and SPWC staffer Jesse Klahm will lead this moderate hike (17km round trip, 250m accumulated elevation gain) to Hairtrigger Lake, hiking out by Battleship, Croteau & Kwai Lakes and back by Lake Helen Mackenzie. Pack a lunch and plenty of water.

**Sunday August 16th - 9:30AM - 12:00PM - Interpretive Walk - Details TBA**

**Saturday August 29th - 8:30AM - 4:30PM - Guided Hike - Mt. Allan Brooks**

Expert naturalist and experienced hike leader Jocie Brooks will lead this intermediate/hard hike (14-15km round trip, roughly 420m of steep elevation gain with some route finding) up Mt. Allan Brooks, featuring spectacular views of the park. Pack a lunch and plenty of water.

**Sunday August 30th - 9:30AM - 12:00PM - Interpretive Walk - Trees of Paradise Meadows**

Forester and naturalist Fred Newhouse will lead this easy walk around the Paradise Meadows and Centennial Loop trail and partway out to Battleship Lake (roughly 5km round trip) identifying trees and their growth in a subalpine ecosystem.

Unless otherwise indicated, all hikes and presentations start from and take place at  
Strathcona Park Wilderness Centre, Paradise Meadows.

Sturdy footwear is essential - be prepared for sudden weather changes in the mountains.

Always carry water. No dogs, please.

If you have potentially been exposed to somebody with an illness or are feeling sick yourself,  
please do not join our workshops/hikes.

**Pre-registration is required.**

**For more information and to pre-register, please email: [strathconawilderness@gmail.com](mailto:strathconawilderness@gmail.com)**

There is no charge (except where specified), but as a volunteer-run non-profit organization,  
SWI relies on your support through donations.

