

Strathcona Wilderness Institute

WALKS & HIKES - SEPTEMBER 2017

This fall, enjoy beautiful Strathcona Park with our volunteer walk and hike guides – these events are for all ages and levels of fitness. As a volunteer-run non-profit, the SWI relies on your generosity. A donation of \$5-10 is suggested.

SUN. Sept. 3, 10.00 am : Nature Walk at Paradise Meadows - Trees in the Subalpine

Naturalist Fred Newhouse will lead an easy, 2-2 ½ hour walk around the Meadows loops identifying trees and shrubs in their subalpine environment.

OR

SUN. Sept. 3, 11.00 am: Nature Walk - BUTTLE LAKE - Wild Ginger & Shepherd's Creek Trails

An easy 2-2 ½ hour walk around the Nature trails in the Buttle Lake area, with Naturalist Willow Goertz, looking at old-growth trees, ferns and more.]

***Meet at the Trailhead opposite the Ralph River Campground on Westmin Road, approx. 25 k from the junction with Highway 28 (from Campbell River to Gold River)**

SAT. Sept. 9, 9.00 am : Hike to Divers Lake (below Paradise Meadows)

Naturalist Kathryn Landry will lead this intermediate day- hike (level 2) to Divers (and Rossiter) Lake. Pack water & a lunch; wear sturdy footwear & appropriate clothing (plus swimsuit, if hot).

SUN. Sept. 10, 1.00 pm : Nature Walk at Paradise Meadows – Subalpine plants in the Fall

Botanist Helen Robinson will lead an easy 2-2 ½ hour walk around the Paradise Meadows loops identifying late flowering plants and those already in seed stage (including berries!).

SAT. Sept. 16, 8.30 am : Hike to Lake Beautiful , Forbidden Plateau

Janet Beggs will lead this long day- hike (level 3) to Lake Beautiful (20 k round trip, 8 hrs) for experienced hikers. Pack water and a lunch; wear sturdy footwear and appropriate clothing.

SUN. Sept. 17, 1. 00 pm: Presentation & Walk at Paradise Meadows : Thinking like a Bear.

Environmentalist Elke van Bremmen will show us how to become more bear aware by teaching us about black bear habitat, behaviour and ecology in Strathcona Park.

SAT. Sept. 23, 10.30 am: Hike to Upper Myra Falls, BUTTLE LAKE area.

Biologist Alicia Korpach will lead this easy, 7k round trip, hike to see the spectacular Upper Myra Falls, amid old growth trees, at the south end of Buttle Lake. Pack water and a lunch. Have sturdy footwear & appropriate clothing for changeable mountain conditions.

***Meet at the Trailhead at 10.30 am, at the end of Westmin Road, beyond the mine, approx. 40 k from the junction with Highway 28 (from Campbell River to Gold River)**

SUN. Oct 1, 9.30 am : Mushroom ID Hike to Battleship Lake (joint SWI & CVN nature hike)

SWI director Alison Maingon will lead this easy-paced , 7k round trip “hike” up to Battleship Lake, identifying mushrooms on the cool, wet north-east facing slopes.

All events start from the SPWC, Paradise Meadows, unless otherwise indicated.

Sturdy footwear is essential – be prepared for sudden changes in the weather in the mountains. Always carry water. No dogs, please, unless otherwise noted.

For more information and to pre-register email

strathconawilderness@gmail.com